

LARCHWOOD PRIMARY SCHOOL

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PSHCE Lessons

Dear Parent / Carer

We would like to make you aware that we will be catching up on our PSHCE lessons from Year 3 due to national lockdowns. These lessons will include skills on how to keep our bodies healthy and safe. The children will specifically look at what happens to their bodies and how to say 'no', the importance of sleep, having good hygiene to stop the spread of diseases and how to stay safe around medical drugs.

Following on from these lessons, we will be looking at our Year 4 Relationship and Sex Education Unit (RSE). These lessons will cover knowledge such as how the body changes during puberty and names for the relevant body parts as well as changing emotions and relationships, including civil partnerships.

Some of the vocabulary included within these lessons is as follows: puberty, penis, testicles, vagina, period, emotions, families, reproduction, baby, crush, love, gay, lesbian, relationships and partnerships.

These topics are part of the curriculum and give children a better understanding of the world around them.

If you wish to discuss anything regarding any of these topics, please get in touch with your child's class teacher via the school office.

Thank you for your continued support.

Miss S Dow & Miss C Kenyon
Year 4 Team

