

Larchwood Gardens  
Pilgrims Hatch  
Brentwood  
Essex CM15 9NG



T: 01277 372450  
E: [office@larchwood.essex.sch.uk](mailto:office@larchwood.essex.sch.uk)  
W: [www.LarchwoodPrimary.co.uk](http://www.LarchwoodPrimary.co.uk)

Headteacher: Mr.S.Bowsher

8 December 2025

Dear Parent/Carer

## Relationship and Sex Education Policy (RSE)

Each year we are required to review and update our Relationship and Sex Education Policy (RSE). As a Trust, we have recently reviewed this policy and made some minor changes relating to current Department for Education (DfE) guidance and documents. As part of the review process, we need to consult with parents each year. The updated policy is attached.

What we teach and when we teach it has not changed. RSE is taught through our Personal, Social, Health and Citizenship Education (PSHCE) lessons. More specifically it is taught in Year 1, Year 4 and Year 6. Parents can view the resources we use for these specific lessons and, as such, we have set up a secure area on our website [here](#) where they can be viewed should you wish to see them. When you click on the link you will be asked to log in. Where it asks for an 'Email' please enter *larchwood*. You will be sent the password shortly in a separate email – please do not share this.

If you have any comments or questions about the policy, please email [office@larchwood.essex.sch.uk](mailto:office@larchwood.essex.sch.uk) by midday on Friday 19 December. There is also an opportunity to come and speak with us directly about the policy and the resources and this will take place on Thursday 22 January at 14.30 where you will be able to speak with staff, including our PSHCE lead, Miss Rimmer.

Mr S Bowsher  
Headteacher

